

APRIL 2019 25p

The Benefice of Acle and Bure to Yare

Acle : Beighton with Moulton : Freethorpe : Halvergate with Tunstall: Limpenhoe, Southwood and Cantley : Reedham : Wickhannoton



OUTLOOK INCLUDING THE LANTERN

ACLE & BURE TO YARE BENEFICE: WHO'S WHO 2.

RECTOR: Rev'd Martin Greenland, 01493 750393 rector@aclechurch.plus.com

READERS: Nicholas Cowen, 01493 700915 Vic Walsham, 01493 752273

CHURCH WARDENS:

ULUNUL WAU	DENS:								
Acle	(Vacant)								
Beighton	Ann Adey 01493 700414								
	Rosemary Whyborn 01493 750079								
Freethorpe	Graham Allcock, 01493 700256								
	Jean Thompson, 01493 700451 (Assistant)								
Halvergate	Sally More, 01493 700279								
C	Nick Butcher, 01493 701122								
Limpenhoe:	Michael Brook, 01493 700259								
•	John Mules email <u>lsc.churchwarden@gmail.com</u>								
Reedham	(Vacant)								
Wickhampton	Brenda Pawsey, 01493 700068								
	Peter Ledward, 01493 700008								
ORGANIST (Ac	le) Brian Bemment 01603 714246								
ACLE PARISH	HALL Mrs Page 01493751125/07947889652								
"OUTLOOK" E	DITORS:								
Kati Cowen									
John Orsborn	e-mail: kncowen@tiscali.co.uk 18 The Hills, Reedham, NR13 3TN, 01493 700441								
	DVERTISING EDITOR: e-mail: ageorgen10@ gmail.com								
C									
Website	<u>www.abychurches.co.uk/</u> (Digital copy of Outlook)								

View from the Pew (A Reader writes)

Here we are in Lent; in fact, more than half way through it. No doubt some of us had pancakes on Shrove Tuesday, the day before Lent begins. But I suspect we had them because we like them and it's a custom - or did we do it to use up our supplies of eggs & fats & milk to fast properly in Lent?

Lent is traditionally a time of self-discipline, including the bodily discipline of fasting. The Jews practised fasting; Jesus Christ & his first followers, Jews themselves, did so too. There was one day in the year when all Jews were expected to fast, the Day of Atonement. On that day it was forbidden to eat, drink, bathe, wear sandals, or engage in sexual intercourse. Even young children were expected to observe some measure of fasting on that day.

This was the one obligatory fast, but people fasted at other times too. That did not necessarily mean they ate or drank nothing. Reuben, who helped sell his brother Joseph into slavery, was said to have fasted for seven years in penitence. He didn't starve; he drank no wine & ate no meat or any appetising food. Fasting, indeed, seems often to have meant no meat or alcohol rather than eating and drinking nothing at all – abstinence, a plain diet without delicacies. [Incidentally, where a total fast extended over more than one day, it was accepted that a light meal could be taken after sunset.]

The Jews did not fast because they disapproved of or did not appreciate the pleasures of the body. There was a rabbinic saying "A man will have to give account on the judgement day for every good thing which he might have enjoyed and did not." So why did they fast?

- As a sign of mourning between death & burial mourners must abstain from all meat and wine;
- As an act of penitence, individual or national;
- As an act of purification and self-discipline in preparation for encounter with God in prayer.

This is the background to the church's attitudes to fasting. Jesus himself fasted, and took it for granted his followers would too - "When you fast" he said, not "if you fast".

The Church of England still recommends fasting & abstinence, especially in Lent. It's still a highly relevant discipline:

- Good for health, especially with obesity becoming a more high-profile problem, though meat may not be the thing we most need to give up;
- Good for self-discipline; it helps us control our appetites rather than being controlled by them;
- Going without good things for a time helps us appreciate them more:
- And for those of us who pray, the habit of controlling the needs of the body can help us attend more keenly to the things of the spirit.

We are not wiser or spiritually stronger than Jesus and his apostles. If they found fasting a good thing to do, it's likely to be good for us too.

Nicholas Cowen (Reader - Reedham)

Parish Registers Funerals

We commend to God:-Joy (Jo) May Rees aged 96 on 1st March at Tunstall.

Pauline Wendy Christine Holloway aged 81 on 8th March at Halvergate

David George King on IIth March at Beighton

June Rose Mutten aged 91 on 15th March at Acle

Alan Haycock

Following the sudden and unexpected loss of my dear husband Alan on 27 January, I can't thank everyone enough for honouring his memory in so many lovely ways. He was my life, and the love and support received from friends like yourselves is making it easier for me to struggle through. Thank You.

Maureen

Friends of St Edmund's Church

After a second attempt to start up a Friends of St. Edmund's Church, it has been decided to abandon the project due to insufficient interest. Thank you to those few who did come forward to lend their support.

Sincerely Jillian Buckingham

Acle and District Carer's Group.

Are <u>you</u> a carer? A carer is anyone who cares, unpaid, for their husband, wife, family member, friend or neighbour who, due to illness, disability, mental health or an addiction, would struggle or not cope without your support.

The group is about providing some TIME FOR YOU!

Promoting wellbeing, relaxation, mindfulness, a place where you can socialise over refreshments in a friendly and caring atmosphere.

Information and support. Guest Speakers. Counselling.

Respite, a break, allowing you to have much needed time away from your caring role.

Where: Acle Methodist Church, Bridewell Lane, NR13 3RA
When: 2pm - 4pm every 1st Monday of each month.
Contact: Ruth Warner: 01493 750688

Norwich to Yarmouth 175 years young 1844-2019

The first railway to open in Norfolk was the line from Norwich to Yarmouth in 1844. To celebrate this Cantley Station are holding an exhibition on Saturday 4th May. Further details will be available at <u>www.cantley.org</u>.

Cantley Funday 2019

Please put this date in your diary, Cantley Funday is on Saturday 6th July. Further information will follow but you are sure of an exciting day out.

Here for you every hour of every day



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www.eastofengland.coop/funerals

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Acle Library

Acle library is now accessible 7 days a week to 'Open' registered customers. 8am-7pm Mon-Fri 8am-4pm Saturdays & 10am-4pm Sundays Staffed Open Hours are:

Tuesdays 10am-7pm Thursdays 10am-7pm Fridays 2-7pm & Saturdays 1-4pm Keep up to date with all our events & library news via

https://www.norfolk.gov.uk/libraries or www.facebook.com/aclelibrary

Village	Arrival	Departure	STOP NAME
	time	time	
Halvergate	l <u>4:00</u>	14:15	Carr Close
Halvergate	14:20	14:35	Bakers Road
Halvergate	14:40	14:50	The Street
Reedham	15:00	15:10	Station Forecourt
Reedham	15:15	15:40	Riverside
Reedham	15:45	16:00	Vikings Social Club
Freethorpe	16:10	16:25	Sutton Crescent
Freethorpe	16:30	16:50	The Green (Garage)
Freethorpe	16:55	17:10	Common (St Michaels)

Also, the Mobile Library routes from 1st April are:-

Village	Arrival	Departure	STOP NAME
	time	time	
Beighton	14:00	14:15	Council House, Hopewell Gardens
Limpenhoe	14:25	14:35	Limpenhoe Village Hall
Cantley	14:45	15:00	School Lane
Cantley	15:05	15:25	Church Road
Cantley	15:30	16:10	Village Hall

The next visit for both routes will be on 8th April.

Health Fair.

In conjunction with the Patient Participation Group, the Acle Medical Practice will be putting on a Health Fair on **Thursday 4 April** from **10.00am - 3.00pm** in the Acle Recreation Centre. The Fair is being held to promote the range of health and care services available in the Acle district. Representatives from the Practice, local authorities and other official and voluntary organisations will be on hand for you to talk to.

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Mondays 09.30 – 09.45am For information contact Caroline on: 07990 877770

APRIL CALENDAR

Reedham Chari	ty: Sunshine Educare
Monday Ist	7.30pm Reedham Parish Council - Reedham Village Hall
Tuesday 2 nd	7.30pm Reedham & District W.I Reedham Village Hall
Thursday 4 th	10.00am Health Fair – Acle Recreation Centre
	2.30pm Life to the Full – Lent course, Acle Church Hall
Friday 5 th	9.30am First Friday Morning Prayer - Reedham
Saturday 6 th	Last day for ordering Lilies!
, SUNDAY 7 th	5 th of Lent
	8.00am Holy Communion – Acle
	9.30am Baptism & Holy Communion – Beighton
	9.30am Matins - Halvergate
	I I.00am Holy Communion – Acle
	II.00am Morning Prayer – Freethorpe
	I I.00am Morning Prayer (said) – Reedham
	3.30pm Chill Church – Reedham
Monday 8 th	LIBRARY VAN DAY – SEE NEW ROUTES
	2.00pm I.T. Club – Reedham Village Hall
Tuesday 9 th	10.30am Holy Communion – The Limes, Acle
Wednesday IC	th 7.30pm Film – Reedham Village Hall
Thursday 11 th	9.30am – 11.30am Coffee Morning – Acle Church Hall
SUNDAY 14th	PALM SUNDAY
	8.00am Holy Communion – Acle
	9.30am Morning Prayer - Limpenhoe
	9.30am Holy Communion – Wickhampton
	11.00am Holy Communion – Acle
	11.00am Morning Prayer – Freethorpe
	11.00am Holy Communion – Reedham
	2.00pm Easter Egg Hunt – Reedham Village Hall
Monday 15 th	7.30pm Cash Bingo - Reedham Village Hall
	8.00pm Compline – Acle
Tuesday 16 th	OUTLOOK COPY DATE
Wednesday 17	^{7th} 7.00pm Joint Service – Halvergate
	7.30pm Quiz Night - Reedham Village Hall
	7.30pm Cantley & District W.I. – Cantley Village Hall
Maundy Thurs	day 7.30pm Holy Communion – Limpenhoe
	7.00pm Cantley, Limpenhoe & Southwood Parish Council –
	Cantley Village Hall
Good Friday I	9th 10.00am Chill Church – Reedham
Saturday 20th	10.30am ACT service – Acle Methodist Church
Saturday 20 th	7.00pm Easter Eve Service - Tunstall

SUNDAY 21st EASTER DAY

- 5.30am Dawn Service with ACT Fishley
- 8.00am Holy Communion Acle
- 9.30am Holy Communion by extension Beighton
- 9.30am Holy Communion Halvergate
- 11.00am Holy Communion by extension Acle
- I I.00am Holy Communion Freethorpe
- 11.00am Holy Communion by extension Reedham
- Monday 22nd 10.00am Easter Eggstravaganza Beighton Church
- Wednesday 24th 2.00pm Whist Drive Reedham Village Hall

Saturday 27th 10.30am All Saints' Drop In – Beighton Village Hall

- SUNDAY 28th 2nd of EASTER
 - 8.00am Holy Communion Acle
 - 9.30am Morning Prayer Halvergate
 - 9.30am Holy Communion Limpenhoe
 - I I.00am Morning Prayer Reedham
 - 11.00am Holy Communion with Methodist Church Acle
 - 11.00am Morning Prayer Freethorpe

Monday 29th 7.00pm Acle Parish Council – Acle Methodist Church Looking forward into May:-

Friday 3rd 9.30am First Friday Morning Prayer - Wickhampton

SUNDAY 5th 3rd of EASTER

- 8.00am Holy Communion Acle
- 9.30am Holy Communion Beighton
- 9.30am Matins Halvergate
- 11.00am Holy Communion Acle
- 11.00am Holy Communion Freethorpe
- 11.00am Morning Prayer (said) Reedham
- 3.30pm Chill Church Reedham

Weekly

Sundays 6.30pm Reedham Gospel Hall Meeting Tuesdays 9.30am Ecumenical Daily Prayer - Acle

At Reedham Village Hall

Mondays 9.30am – 9.45am Zumba Gold Tuesdays 9.30am – 11.30am Music group, 1.45pm – Over Fifties Club. Wednesday 10.30am - 12.30 noon - New Age Kurling. Thursday 10am – 12 noon – Badminton Club. Thursdays 6.30pm to 7.30pm Yoga. Friday 9.30am to 10.30 am - AWOL Fitness Boot Camp. Saturday 9.00am - 10.00am - Aerobics, Reedham Village Hall

At Limpenhoe Village Hall

Wednesdays 6.30pm – 7.30pm & 8pm – 9pm Yoga

At Freethorpe Village Hall

Mondays 5-6pm Rainbows 6:15-7:30pm Brownies Tuesdays Art Club(morning) Zumba (evening) Thursdays 6:45-8:30 Cubs **At Halvergate Village Hall** Wednesdays 1st & 3rd 10.30am – 12.30pm – Coffee Morning **At Acle Church Hall** Tuesday 1st 2pm – 49+ Group Saturday 10th – 9am – 12 noon Acle Farmers' Market Mondays 2rd & 4th - Canasta Group

Weekly –

Tuesdays IIam – 12 noon – Fitness for Seniors

Wednesdays 10.30am - 12.30pm - Acle Art Group

Wednesdays 7.30pm – 9pm – Invidia Voices

Fridays 10.00am - 11.00am,- Baby Sensory Classes

Reedham Village Hall

Events coming up at Reedham Village Hall:-

Mon 8th April 2.00pm Free I.T classes Learn more about your mobile. iPad, laptop and P.C.

Wednesday 10th April 7.30pm showing on the big screen will be Stan and Ollie cert PG. Starring Steve Coogan and John C Reilly. Diminished by age the famous duo set out to reconnect with their adoring fans by touring variety halls in Britain in 1953. The shows become a hit but Hardy's failing health threatens their long term partnership. For tickets Tel 701107 Price £4.50 or available on the door or online

at www.reedhamvillagehall.co.uk Events page

Sunday 14th April Easter Egg Hunt 2pm to 3.30pm come along for a fun afternoon with crafts, games and tombola. The kitchen will be serving refreshments Entry £2.00 per child.

Monday 15th April Monthly Cash Bingo eyes down 7.30pm look out for posters with jackpot details. There will also be extra Easter Egg prizes for lines and full houses and free flyer prize.

Wednesday 17th April 7.30pm Quiz Night Max 6 per team \pounds 2.00 each includes nibbles The bar will be open and there will be a raffle.

Wednesday 24th April 2.00pm Whist Drive New members most welcome.

Looking ahead to May:-

Sat 4th May 7.00pm showing on the big screen will be Mary Poppins returns.

Bank holiday weekend 25th 26th 27th May 10.00am to 4.00pm After the success of last year's, there will be another plant sale which will include bedding plants, hanging basket plants, Tomato plants, Strawberry plants and lots more.

If you would like to book the hall please contact Angie on 07585 504199 who will be happy to help you or contact her through the Village hall website at <u>www.reedhamvillagehall.co.uk</u>

Thank you to everyone who supports or helps at the events we hold.

Cantley Flower Show 2019

This year's Show is on Saturday 7th September at 2pm. The photographic subjects are, Sunrise/Sunset, a portrait, a Broads view, harvesting, farm animals and butterflies/moths. There are lots of other classes to enter including Flowers, Handicraft, Fruit, Cookery, Vegetables, Flower arranging and Children's classes. Full details of how to enter are on our website at <u>www.cantley.org/flowershow</u>. Robert Beadle Chairman Cantley Flower Show 01493 701231.

Beighton Church Restoration Project

All Saints Beighton PCC are absolutely thrilled to announce that they have been awarded a National Lottery Heritage Fund grant of \pounds 221,000 towards the Restoration & Improvements Appeal. Additional grants and fundraising are required to make up the total cost of works (see the March copy of Outlook) but this is a huge boost and pivotal to the delivery of the project. The Appeal fund received a welcome addition of \pounds 503 following the very successful Ceilidh held on 2 March at Beighton Village Hall. Our next event is the Easter Eggstravaganza on 22 April (Easter Monday). Please see poster for further details. Kate Ashcroft

Reedham Ringers - see pictures on back cover.

On Saturday 9th March the Reedham Ringers hosted the quarterly meeting of the Norwich Diocese Association of Ringers (eastern branch) at the church. We entertained over 40 fellow ringers with a ringers' tea and the opportunity to ring our bells. Guests were aged from teenagers to people in their 80s who have been ringing for many decades. It was brilliant to see such a full church and people having so much fun. Many of the older generation had fond memories of ringing at Reedham back in the 1970s and even earlier. We hope that you enjoyed the call of the bells. If anyone listening thought, "I have always wanted to have a go at bellringing..." please get in touch. We practice every Monday afternoon (3-5pm), but there are opportunities to learn at the Mancroft Ringing Discovery Centre in Norwich if you are working in town, and at other local towers on various evenings. Mary Jones 01493 701388

Cantley & District W.I.

Our next meeting will be held on Wednesday 17th April at 7.30pm in Cantley Village Hall. The speaker for the evening, Frances Mobbs, will be giving a cookery demonstration. So perhaps we shall have new recipes to try out at home. For more information contact Barbara on 07789845050. New members always very welcome.

Reedham Station Adopters

Hello, everybody. This is just a few lines from the Station. We are changing the Gardens to more perennials, so we are grateful to Amanda and Ken on Church Road for the plants they have donated. If anyone else has donations, we would be grateful and can collect – contact 01493 721371.

The Station Adopters.

I.T. Class

Use it or lose it. To ensure continuation of the free classes, please bring your I.T. problems along for help! 'Phones, lap-tops and tablets all welcome. Next meeting, Monday 8^{th} April at 2pm.



The Reedham Retreat Hair Salon and Holistic Healing Centre 36StationRoadReedham Ladies cut & Blow dry £19 Gents cut & Blow dry £10 Reiki Healing from £25 Please Call 07989863170



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5.30pm & 7.30pm

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Reedham and District WI – for a picture of the hats in question, see the I3. back page!

As usual, we met up on the first Tuesday of the month at the village hall. On this occasion we were entertained by Margaret Sims from Hats Francise and instructed on The pleasures of wearing a hat – not any old hat pulled on to keep your ears warm while you walk the dog, but a Proper Hat as worn to meet the Queen or as mother of the bride. I have never worn A Hat, and doubted that anyone could ever make me look good in such a thing, but Margaret patiently chose the perfect headgear for each and every one of us from the large collection that she had brought with her. She has well over 1000 hats to choose from at her hat shop, although sensibly she had not brought them all with her. Apparently, you choose the hat to suit the outfit, not the wearer of the outfit, and we all looked very smart indeed. Top Tip – always wear your outfit when choosing a hat and as quality hats are such very expensive items, it might be best to rent one for the week, rather than buy one.

Next meeting is on Tue. 2nd April, 7.30pm and we will be having a talk from Paul Strutt of Norfolk Accident and Rescue service. For details of our group and future events, please check out <u>www.thewi.org.uk</u> and look for the Reedham and District pages. Local women are always welcome to come along and see what we do, but please let us know beforehand if you are coming (via the website).

Mary Jones

REEDHAM PARISH COUNCIL

Meeting held on Monday 4th March 2019 at Reedham Village Hall

There were 9 Councillors present, the Clerk, County Councillor Brian Iles and District Councillor Grant Nurden. 5 members of the public were in attendance. Apologies were received from Councillors Thompson and Grattan. The Council meeting commenced at 7.30 pm.

County Councillor Iles informed the Council that Norfolk County Council agreed their budget, but further discussions are ongoing regarding the interpretation and fixing of the cuts.

District Councillor Nurden reported that Broadland District Council approved their budget at the end of last month. There will be no increase in Broadland's portion of the Council Tax bill.

Broadland and South Norfolk District Councils will implement their new senior management structure at the end of March.

The Chairman of the Village Hall Committee Chris Bradbury gave the following report: there were no issues with the play equipment safety inspection for February. The Little Miss Muffet play bridge and the new fitness equipment have now been installed. The February Cash Bingo jackpot was not won, the jackpot now stands at £280 in 58 numbers or less. The April film will be "Stan and Ollie".

A planning application to replace a bay window to the front of I Yareview Close had no objections from the Council.

The Parish Council is trying to locate the owner of the plot of land on Middle Hill. If you have any information please contact the Clerk.

Broadland District Council have implemented a Public Spaces Protection Order requiring those in charge of dogs to clear up after them on all land open to the public. This is with effect from the 1st March.

The Annual Parish Meeting will be held on Tuesday 14th May in the Lounge at the 14. Village Hall. All residents are invited to attend.

In December the Reedham speed sensor was located near Nursery House on Station Road monitoring traffic travelling south. The 85th Percentile Speed (this is the measure the authorities use to assess speed on any given road) was 31.6mph compared to the 30mph limit.

During January the sensor was at New Town monitoring traffic approaching Reedham on the Freethorpe Road. The 85th Percentile Speed was 42mph compared to the 40mph limit. For February the sensor was on Pottles Lane monitoring traffic travelling east. The 85th Percentile Speed was 34.1mph compared to the 40mph limit.

An initial Neighbourhood Plan consultation event is planned for the 29th April. Please see the enclosed flyer for further details, or contact the Clerk.

The grass cutting contract for the Churchyard has been awarded to JCS Groundscare, and the Playingfield and verges contract has been awarded to Garden Guardian.

There is currently I half plot available at the allotments. Please contact the Clerk for further details. The Allotment Committee is offering support and advice to those new to allotments.

No more meetings have been possible to discuss the reopening the Permissive Path. It is anticipated that the Parish Council and landowner will meet in the next few weeks.

Time and Date of Next Meeting.

Monday 1st April 2019 at 7.30pm in the Village Hall.

DOG FOULING IS AN OFFENCE. PLEASE CLEAR UP AFTER YOUR DOG. IF NO BIN NEARBY PLEASE TAKE IT HOME WITH YOU

> Please visit Reedham's website for news and local events: <u>www.reedhampc.norfolkparishes.gov.uk</u>

The Clerk's contact details are: <u>reedhampc@outlook.com</u>, 01493 750254 or 07769 972902

Results from February Cantley School Association Lottery Draw

Ist - 0 - A Sharman 2nd - 388 - L Stokes 3rd - 41 - J Robertson 4th - 224 - A Sadd. For more information about this lottery please contact Barbara Tuck 07789845050.

Reedham Gardening Club

How lovely to see the sunshine and longer days! Seeds can be sown direct into the soil. Bees and butterflies are attracted by open flowers such as cosmos, clematis and especially scented shrubs such as jasmine, mock orange blossom and lilac. It is better to leave cutting the foliage from Spring bulbs until it turns yellow.

As potatoes come through, earth them up to prevent frost damage. Seeds of brassicas, leeks, peas and beans can be sown.

Vegetable and fruit classes are very much as usual. In Cookery, a treacle tart, cheese straws, swiss roll and a Spice Cake (recipe in schedule) are included. A pattern for a blanket for the Intensive Care Baby Unit is also in the Schedule. The pattern is available from a Committee member if you would like to do a few. The Schedules will be included in the July Outlook.

Pathfinder Puzzle

Starting with the 8th letter across on the 6th row down, move up, down or sideways (but NOT diagonally) to find the path through part of an Easter Hymn.

S	Ι	R	Р	D	E	E	R	S	I	S	R	U	В	R
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Kati Cowen

Answer in next month's magazine.

Easter Lilies - Reedham, Freethorpe and Wickhampton

Would you like to commemorate departed family and friends in a very special way? Each year our Churches have displays of lilies, and a list of those to whom they are dedicated for the Easter Festival. The cost is expected to be $\pounds 2.50$ a lily. For Reedham, please could we have an envelope with the money, dedication (e.g. 'In loving memory of Uncle Sam'), your name AND ADDRESS (just in case Brexit tips the flower supplies from the Netherlands into chaos, and we have to return the money!) - 18, Church Road, Reedham, NR13 3TY. For Wickhampton please contact Brenda Pawsey 01493 700068 and for Freethorpe Margaret Allcock 01493 700256. Please could we have the information by SATURDAY 6TH APRIL, as I have to pre-order.

Lyndsay Fisher



All will be welcome on

Sunday 14th April

Chapel Field Road Methodist Church, Norwich

at 6pm

The preacher will be the Revd Canon David Paul Dean of St John the Baptist Cathedral & Ecumenical Canon

Please join us

www.nwct.org.uk

Reedham Village Show – Sunday 18th August 2019

15.

lanet

Right - Ceilidh at Beighton Village Hall, 2nd March a great time was had by all!

Right Centre - Diocesan Association of Ringers (Eastern Branch) at Reedham Church for their quarterly meeting - enjoying their tea and (below) raising the bells.

Bottom left - A very fine display of hats from the March meeting of Reedham Women's Institute.





EGGSTRAVAGANZA Monday 22 April 10:00 – 1:00

Lots of Activities including: Egg Painting & Racing, Easter egg hunt, Easter bonnets *Free entry, pay per activity* Refreshments

In aid of Restoration & Improvements Appeal







The Parish Magazine for the Churches of the Acle & Bure to Yare Benefice and Community Newsletter for Reedham and Area.

Editor's Note: Whilst the Editors welcome contributions to OUTLOOK magazine, the opinions and comments expressed by contributors are their own; we reserve the right not to publish all submissions.